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| (54) Title: TREATMENT OF TYPE II DIABETES ME (57) Abstract | LLITU | WITH AMYLIN AGONISTS |
| Methods for treating non-insulin-taking Type II dia an amylin agonist. | ibetes m | nellitus which comprise administering a therapeutically effective amount |
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DESCRIPTION

Treatment of Type II Diabetes Mellitus With Amylin Agonists

Field of the Invention

The present invention relates to medicine, and, 5 more particularly, to amylin agonists and methods for the treatment of Type II diabetes mellitus by administering an amylin agonist.

Background of the Invention

and other materials including Publications 10 patents and patent applications used to illuminate the specification are hereby incorporated by reference.

Amylin

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Amylin is a 37 amino acid protein hormone. was isolated, purified and chemically characterized as the 15 major component of amyloid deposits in the islets of pancreases of human Type II diabetics (Cooper et al., Proc. Natl. Acad. Sci., USA 84:8628-8632 (1987)). amylin molecule has two important post-translational modifications: the C-terminus is amidated, and the cystei-20 nes in positions 2 and 7 are cross-linked to form an N-terminal loop. Amylin is the subject of United Kingdom patent application Serial No. 8709871, filed April 27, 1987, and corresponding United States Patent No. 5,367,05-2, issued November 22, 1994.

Amylin is a member of a family of related peptides which include CGRP and calcitonin (Rink et al., Trends Pharmacol. Sci. 14:113-118 (1993)). Amylin is primarily synthesiz#d in pancreatic beta cells and is secreted in response to nutrient stimuli such as glucose and arginine. 30 Moore et al., Biochem. Biophys. Res. Commun. 179:1-9 (1991); Kanatsuka <u>et al.</u>, <u>FEBS Lett.</u> 259:199-201 (1989); Ogawa et al., J. Clin. Invest. 85:973-976 (1990); Gedulin

et al., Biochem. Biophys. Res. Commun. 180:782-789 (1991). In normal humans, fasting amylin levels from 1 to 10 pM and post-prandial levels of 5 to 20pM have been reported (e.g., Hartter et al., Diabetologia 34:52-54 5 (1991); Sanke et al., Diabetologia 34:129-132 (1991)); Koda et al., The Lancet 339:1179-1180 (1992)). In obese, insulin-resistant individuals, however, post-food amylin levels can go higher, reaching up to about 50 pM, for example. For comparison, the values for fasting and post-10 prandial insulin are 20 to 50 pM, and 100 to 300 pM respectively in healthy people, with perhaps 3-to 4-fold higher levels in insulin-resistant people. diabetes, where beta-cells are destroyed, amylin levels are at or below the levels of detection and do not rise in 15 response to glucose (Koda et al., The Lancet 339:1179-1180 In normal mice and rats, basal amylin levels (1992). have been reported from 30 to 100 pM, while values up to 600 pM have been measured in certain insulin-resistant, diabetic strains of rodents (e.g., Huang et al., Hyperten-20 <u>sion</u> 19:I-101-I-109 (1991)); Gill <u>et al., Life Sciences</u> 48:703-710 (1991).

The first discovered action of amylin was the reduction of insulin-stimulated incorporation of glucose into glycogen in rat skeletal muscle (Leighton et al., Nature 335:632-635 (1988)); the muscle was made "insulin-resistant". Subsequent work with rat soleus muscle exvivo and in vitro has indicated that amylin reduces glycogen-synthase activity, promotes conversion of glycogen phosphorylase from the inactive b form to the active a form, promotes net loss of glycogen (in the presence or absence of insulin), increases glucose-6-phosphate levels, and can increase lactate output (see, e.g., Deems et al., Biochem. Biophys. Res. Commun. 181:116-120 (1991)); Young et al., FEBS Letts. 281:149-151 (1991)).

It is believed that amylin acts through receptors present in plasma membranes. Beaumont et al., Mol. Pharmacol. 44:493-497 (1993). Amylin receptors and their

use in various methods for screening and assaying for amylin agonist and antagonist compounds are described in United States Patent No. 5,264,372, issued November 23, 1993.

The biological actions of amylin relating to fuel metabolism are discussed in Young et al., J. Cell. Biochem. 555:12-18 (1994). While amylin has marked effects on hepatic fuel metabolism in vivo, there is no general agreement as to what amylin actions are seen in isolated 10 hepatocytes or perfused liver. The available data do not support the idea that amylin promotes hepatic glycogenolysis, i.e., it does not act like glucagon (e.g., Stephens, et al., Diabetes 40:395-400 (1991)); Gomez-Foix et al., Biochem J. 276:607-610 (1991)). It has been suggested 15 that amylin may act on the liver to promote conversion of lactate to glycogen and to enhance the amount of glucose able to be liberated by glucagon (see Roden et al., Diabetologia 35:116-120 (1992)). Thus, amylin could act there as an anabolic partner to insulin in liver, in 20 contrast to its catabolic action in muscle.

In fat cells, contrary to its action in muscle, amylin has no detectable actions on insulin-stimulated glucose uptake, incorporation of glucose into triglyceride, CO2 production (Cooper et al., Proc. Natl. Acad. Sci. 25 85:7763-7766 (1988)) epinephrine-stimulated lipolysis, or insulin-inhibition of lipolysis (Lupien and Young, Diabetes Nutrition and Metabolism - Clinical and Experimental, Amylin thus exerts 6(1), pages 13-18 (1993)). tissue-specific effects, with direct action on skeletal 30 muscle, marked indirect (via supply of substrate) and perhaps direct effects on liver, while adipocytes appear "blind" to the presence or absence of amylin. No direct effects of amylin on kidney tissue have been reported.

It has also been reported that amylin can have 35 marked effects on secretion of insulin. In isolated islets (Ohsawa et al., Biochem. Biophys. Res. Commun. 160:961-967 (1989).), in the perfused pancreas (Silvestre et al., Req. Pept. 31:23-31 (1991)), and in the intact rat
 (Young et al., Mol. Cell. Endocrinol. 84:R1-R5 (1992)),
 various experiments indicate that amylin down-regulates
 insulin secretion. The perfused pancreas experiments
5 point to selective down-regulation of the secretary
 response to glucose with sparing of the response to
 arginine. Other workers, however, have been unable to
 detect effects of amylin on isolated beta cells, on
 isolated islets, or in the whole animal (see Broderick et
 al., Biochem. Biophys. Res. Commun. 177:932-938 (1991) and
 references therein).

A striking effect of amylin in rodents at pharmacological dosages in vivo is stimulation of a sharp rise in plasma lactate, followed by a rise in plasma glucose (Young et al., FEBS Letts. 281:149-151 (1991)). Evidence indicates that the increased lactate provides substrate for glucose production and that amylin actions can occur independent of changes in insulin or glucagon. In "glucose clamp" experiments, amylin infusions cause "insulin resistance", both by reducing peripheral glucose disposal, and by limiting insulin-mediated suppression of hepatic glucose output (e.g., Frontoni et al., Diabetes 40:568-573 (1991)); Koopmans et al., Diabetologia 34:218-224 (1991)).

25 gastric emptying (Young et al., <u>Diabetologia</u> (June 1995, in press), and is believed to contribute to their ability to reduce post-prandial hyperglycemia (Moyses and Kolterman, <u>Drugs of the Future</u> (May 1995). Methods for reducing gastric motility and slowing gastric emptying comprising the administration of an amylin agonist (including amylin) are the subject of United States Patent Application Serial No. 08/118,381, filed September 7, 1993, and United States Patent Application Serial No. 08/102,069, filed September 7, 1994 (and corresponding PCT application, Publication No. WO 95/07098, published March 16, 1995).

Non-metabolic actions of amylin include vasodilator effects which may be mediated by interaction with CGRP

vascular receptors. (Brain et al., Eur. J. Pharmacol. 183:2221 (1990). It has also been reported that amylin markedly increases plasma renin activity in intact rats when given subcutaneously in a manner that avoids any disturbance of blood pressure. Methods for treating renin-related disorders with amylin antagonists are described in United States Patent No. 5,376,638, issued December 27, 1994.

Injected into the brain, amylin has been reported 10 to suppress food intake (e.g., Chance et al., Brain Res. 539:352-354 (1991)), an action shared with CGRP and The effective concentrations at the cells calcitonin. that mediate this action are not known. Amylin has also been reported to have effects both on isolated osteoclasts 15 where it caused cell quiescence, and in vivo where it was reported to lower plasma calcium by up to 20% in rats, in rabbits, and in humans with Paget's disease (see, e.g., Zaidi et al., J. Bone Mineral Res. 5(Suppl. 2) 576 (1990). From the available data, amylin seems to be 10 to 30 times 20 less potent than human calcitonin for these actions. Interestingly, it was reported that amylin appeared to increase osteoclast cAMP production but not to increase cytosolic Ca2+, while calcitonin does both (Alam et al., Biochem. Biophys. Res. Commun. 179:134-139 (1991)). It 25 was suggested, though not established, that calcitonin may act via two receptor types and that amylin may interact with only one of these.

Diabetes Mellitus

Diabetes mellitus is a serious metabolic disease
that is defined by the presence of chronically elevated
levels of blood glucose. Classic symptoms of diabetes
mellitus in adults are polyuria, polydipsia, ketonuria,
rapid weight loss together with elevated levels of plasma
glucose. Normal fasting plasma glucose concentrations are
less than 115 milligrams per deciliter. In diabetic
patients, fasting concentrations are found to be over 140

In general, diabetes mellitus milligrams per deciliter. develops in response to damage to the beta cells of the This damage can result from primary diabetes pancreas. mellitus, in which the beta cells are destroyed by the 5 autoimmune system, or as a secondary diabetic response to other primary diseases, such as pancreatic disease, hormonal abnormalities other than lack of insulin action, drug or chemical induction, insulin receptor abnormalities, genetic syndromes or others. Primary diabetes 10 mellitus can be classified as Type I diabetes (also called insulin-dependent diabetes ellitus or IDDM) and Type II diabetes mellitus (also called non-insulin dependent diabetes mellitus or NIDDM).

Type I (juvenile onset or insulin-dependent) 15 diabetes is a well-known hormone deficient state, in which the pancreatic beta cells appear to have been destroyed by the body's own immune defense mechanisms. Patients with Type I diabetes mellitus have little or no endogenous These patients develop insulin secretory capacity. Type I diabetes was fatal until 20 extreme hyperglycemia. the introduction of insulin replacement therapy some 70 years ago -- first using insulins from animal sources, and more recently, using human insulin made by recombinant DNA technology. As discussed above, it is now clear that the 25 destruction of beta cells in Type I diabetes leads to a combined deficiency of two hormones, insulin and amylin. When pancreatic cells are destroyed, the capacity to Type I diabetic secrete insulin and amylin is lost. subjects have reported amylin levels that are either 30 undetectable or at the lower limit of detection, and which fail to increase in response to a glucose challenge. Koda, The Lancet 339:1179 (1992).

The nature of the lesion of the pancreatic beta cells in Type II diabetes is not clear. Unlike the pancreatic beta cells in Type I diabetics, the beta cells of Type II diabetics retain the ability to synthesize and secrete insulin and amylin.

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Type II diabetes is characterized by insulin and resistance, i.e., a failure of the normal metabolic response of peripheral tissues to the action of insulin. In other words, insulin resistance is a condition where 5 the circulating insulin produces a subnormal biological In clinical terms, insulin resistance is response. present when normal or elevated blood glucose levels persist in the face of normal or elevated levels of The hyperglycemia associated with Type II insulin. 10 diabetes can sometimes be reversed or ameliorated by diet or weight loss sufficient to restore the sensitivity of the peripheral tissues to insulin. Indeed, Type II diabetes mellitus is often characterized by hyperglycemia in the presence of higher than normal levels of plasma Progression of Type II diabetes mellitus is 15 insulin. associated with increasing concentrations of blood glucose and coupled with a relative decrease in the rate of glucose-induced insulin secretion. Thus, for example, in late-stage Type II diabetes mellitus, there may be an 20 insulin deficiency.

The primary aim of treatment in all forms of diabetes mellitus is the same, namely the reduction of blood glucose concentrations to as near normal as possible, thereby minimizing both the short- and long-term 25 complications of the disease. Tchobroutsky, Diabetologia The linkage between the extent of 15:143-152 (1978). hyperglycemia in diabetics and the ensuing long-term complications was further confirmed in the recently completed Diabetes Control and Complications Trial (DCCT) 30 undertaken by the National Institutes of Health. Diabetes Control and Complications Trial Research Group, The DCCT was conducted N. Eng. J. Med. 329:977 (1993). over a 10-year period at 29 clinical centers around the United States and Canada, and showed that lowering mean 35 blood glucose concentrations in Type I diabetics reduced end-organ complications. The development of retinopathy was reduced by 76%, the progression of retinopathy by 54%,

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and there was an amelioration of the markers of renal disease (proteinuria, albuminuria). The development of significant neuropathic changes was also reduced.

The treatment of Type I diabetes necessarily involves the administration of replacement doses of insulin, administered by the parenteral route. In combination with the correct diet and self-blood glucose monitoring, the majority of Type I diabetics can achieve a certain level of control of blood glucose.

In contrast to Type I diabetes, treatment of Type 10 II diabetes frequently does not require the use of insu-Institution of therapy in Type II diabetes lin. usually involves a trial of dietary therapy and lifestyle modification, typically for 6-12 weeks in the first 15 instance. Features of a diabetic diet include an adequate but not excessive total calorie intake, with regular meals, restriction of the content of saturated fat, a concomitant increase in the polyunsaturated fatty acid content, and an increased intake of dietary fiber. 20 Lifestyle modifications include the maintenance of regular exercise, as an aid both to weight control and also to reduce the degree of insulin resistance. If after an adequate trial of diet and lifestyle modifications, fasting hyperglycemia persists, then a diagnosis of "primary diet failure" may be made, and either a trial of oral hypoglycemic therapy or direct institution of insulin therapy will be required to produce blood glucose control and, thereby, to minimize the complications of the dis-Type II diabetics who fail to respond to diet and 30 weight loss may respond to therapy with oral hypoglycemic agents such as sulfomylureas or biguanides. therapy, however, is used to treat other patients with Type II diabetes, especially those who have undergone primary dietary failure and are not obese, or those who 35 have undergone both primary diet failure and secondary oral hypoglycemic failure.

The use of amylin agonists in the treatment of

diabetes mellitus has been described in United States Patent Nos. 5,124,314 and 5,175,145. Excess amylin action mimics key features of Type II diabetes and amylin blockade has been proposed as a novel therapeutic strategy. United States Patent No. 5,266,561, issued November 30, 1993, and United States Patent No. 5,281,581, issued January 25, 1994, disclose the treatment of Type II diabetes and insulin resistance with amylin antagonists.

It has previously been reported that infusion of 10 the amylin agonist, 25.28.29Pro-h-amylin, decreased postprandial glucose concentrations in Type I diabetics. Moyses & Kolterman, Drugs of the Future (May 1995). In a single blind crossover study in 6 male subjects with Type I diabetes, a 2-hour infusion of the amylin agonist, 15 $^{25.28.29}$ Pro-h-amylin at a rate of 150 μ g/hr was reported to significantly decrease post-prandial hyperglycemia following ingestion of a mixed meal. This effect was confirmed in a second study which employed an infusion rate of 50 μ g/hr for 5 hours in 9 subjects with Type I diabetes. A 20 nutrient challenge was given either orally (in the form of a Sustacal® meal) or as an intravenous glucose load of 300 mg/kg. Administration of 25,28,29 Pro-h-amylin reportedly led to a significant decrease in post-prandial glucose excursion after the oral Sustacal® meal, but not after the 25 intravenous administration of glucose, consistent with an effect to delay gastric emptying and thus the gastrointestinal absorption of nutrients. In a further double-blind, placebo-controlled study, self-injected 25.28.29 Pro-h-amylin, taken before meals thrice daily, also led to reduced 30 glucose excursion after a test meal. The patients continued their usual insulin regime. In the third study, a statistically significant effect was seen with a dose of 30 µg of the amylin agonist.

Summary of the Invention

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We have discovered that, unexpectedly, noninsulin-taking Type II diabetic patients may be treated by the administration of an amylin agonist in order to lower their blood glucose concentrations. We have also discovered that treatment of non-insulin-taking Type II diabetic patients with an amylin agonist is particularly beneficial for those patients having an HbAlc value above normal.

In one aspect, the present invention is directed to a method for the treatment of a non-insulin-taking Type II diabetic subject comprising administering a therapeutically effective amount of an amylin agonist. 10 insulin-taking Type II diabetic subject* is meant a subject who has Type II diabetes mellitus, but whose diabetes is currently being managed without the use of insulin, for example, by any combination of diet, exercise, modification of lifestyle, or use of oral hypoglyce-15 mic agents, such as biguanides and sulfonylureas. Diagnosis of patients afflicted with Type II diabetes is well within the ability and knowledge of one skilled in the art. For example, individuals over the age of 35 who have symptoms of polydipsia, polyuria, polyphagia (with or 20 without weight loss) coupled with elevated plasma glucose concentrations and without a history of ketoacidosis are generally considered within the diagnosis of Type II The presence of obesity, a positive diabetes mellitus. family history for Type II diabetes and normal or elevated 25 fasting plasma insulin and c-peptide concentrations are additional characteristics of most patients with Type II diabetes mellitus. By "therapeutically effective amount" is meant an amount, either in single or multiple doses, which beneficially reduces plasma glucose concentrations 30 in a subject afflicted with Type II diabetes mellitus.

In a preferred embodiment, the present invention is directed to a method for the treatment of a non-insulin-taking Type II diabetic subject comprising administering a therapeutically effective amount of an amylin agonist wherein the subject has a HbAlc value above the upper end of the range of HbAlc values for normal subjects. HbAlc represents a post-translational modification

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of hemoglobin which occurs by a non-enzymatic process whereby glucose becomes attached to hemoglobin A, and typically reflects the average plasma glucose concentration over the preceding 120 days, the average lifespan of a red blood cell. The upper end of the normal range for HbAlc values, that is, the upper end of the range for normal non-diabetic subjects, is generally understood to be from about 6.0% to about 7.5%. In another preferred embodiment, the subject has an HbAlc value of at least about 8%.

In another aspect, the present invention is directed to a method of lowering blood glucose in a noninsulin-taking Type II diabetic subject comprising administering to said subject a blood glucose-lowering amount 15 of an amylin agonist. A glucose-lowering amount of an amylin agonist will preferably range from between about 0.05 μ g/kg/day to about 10 μ g/kg/day, more preferably, between about 0.05 µg/kg/day to about 6 µg/kg/day, and even more preferably, between about 1.0 µg/kg/day to about For example, an effective blood glucose 20 4 μg/kg/day. lowering amount of 25.28.29 Pro-h-amylin (AC137) will generally vary from about 0.05 μg/kg/day to about 10 μg/kg/day, preferably 0.1 µg/kg/day to about 6.0 µg/kg/day. of from about 1.0 μ g/kg/day to about 4.0 μ g/kg/day is 25 preferred. In a preferred embodiment, the subject has an HbAlc value above the upper end of the normal range of HbAlc values for normal subjects. In another preferred embodiments of the present invention, the subject has an HbAlc value of at least about 8%.

In preferred embodiments of the present invention, the amylin agonist is selected from group consisting of ^{25,28,29}Pro-h-amylin (AC137), s-calcitonin and h-amylin. Particularly preferred is ^{25,28,29}Pro-h-amylin (AC137).

Administration of amylin agonists may be by various routes, including subcutaneously, intramuscularly, nasally or transdermally.

Brief Description of the Drawings

The invention will be further described with reference to the accompanying drawings in which:

Fig. 1 shows the correlation between AC1375 induced reduction in post-prandial hyperglycemia and HbAlc
status in insulin-treated and non-insulin-treated patients. Patients are rank-ordered for HbAlc levels. The
correlation (r²) was 0.56 in non-insulin-treated patients,
0.10 in insulin-treated patients, and 0.33 for all patients combined.

Detailed Description of the Invention

Amylin agonist agents may be identified by activity in the receptor binding and soleus muscle assays described below. Amylin agonist activity of compounds may also be assessed by the ability to induce hypercalcemia and/or hyperglycemia in mammals, or to reduce post-prandial plasma glucose levels, as described herein.

The nomenclature of various amylin agonist compounds useful in the present invention can be used to indicate both the peptide that the sequence is based on and the modifications made to any basic peptide amylin sequence, such as human amylin. An amino acid preceded by a superscript number indicates that the named amino acid replaces the amino acid normally present at the amino acid position of the superscript in the basic amino acid sequence. For example, "18Arg25.28Pro-h-amylin" refers to a peptide based on the sequence of "h-amylin" or "human-amylin" having the following substitutions: Arg replacing His at residue 18, Pro replacing Ala at residue 25 and Pro replacing Ser at residue 28. The term "des-'Lys-h-amylin" refers to a peptide based on the sequence of human amylin, with the first, or N-terminal, amino acid deleted.

Preferred amylin agonist compounds des-1Lys-h-amylin, ²⁶Pro-h-amylin, ^{25,28,29}Pro-h-amylin, ¹⁸Arg^{25,28}Pro-h35 amylin, and des-1Lys¹⁸Arg^{25,28}Pro-h-amylin, all show amylin activity in vivo in treated test animals, provoking marked

hyperlactemia followed by hyperglycemia. In addition to having activities characteristic of amylin, certain preferred compounds have also been found to possess more desirable solubility and stability characteristics when compared to human amylin. These preferred compounds include ²⁵Pro²⁶Val^{28,29}Pro-h-amylin, ^{25,28,29}Pro-h-amylin (also referred to herein as "AC-0137"), and ¹⁸Arg^{25,28}Pro-h-amylin.

The methods of the present invention employ an amylin agonists, including amylin or an amylin agonist 10 analogue, for example, amylin receptor agonist analogues such as ¹⁸Arg^{25,28}Pro-h-amylin, des-¹Lys¹⁸Arg^{25,28}Pro-h-amylin, ¹⁸Arg^{25-28,29}Pro-h-amylin, des-¹Lys¹⁸Arg^{25,28,29}Pro-h-amylin, ^{25,28-29}Pro-h-amylin, des-¹Lys^{25,28,29}Pro-h-amylin, and ²⁵Pro²⁶Val^{25,28}Pro-h-amylin. Examples of other suitable amylin agonist

15 analogues include:

²³Leu²⁵Pro²⁶Val^{28,29}Pro-h-amylin; 23Leu²⁵Pro²⁶Val²⁸Pro-h-amylin; des-1Lys23Leu25Pro26Val28Pro-h-amylin; 18Arg²³Leu²⁵Pro²⁶Val²⁸Pro-h-amylin; 18Arg²³Leu^{25,28,29}Pro-h-amylin; 20 18Arg23Leu25.28Pro-h-amylin; 17 Tle23 Leu25,28,29 Pro-h-amylin; 17Ile25.28.29Pro-h-amylin; des-1Lys17 Ile23 Leu25,28,29 Pro-h-amylin; 17 Ile 18 Arg 23 Leu-h-amylin; 25 17Ile18Arg23Leu26Val29Pro-h-amylin; 17 Ile 18 Arg 23 Leu 25 Pro 26 Val 28, 29 Pro-h-amylin; 13Thr21His23Leu26Ala28Leu29Pro11Asp-h-amylin; 13Thr21His23Leu26Ala29Pro31Asp-h-amylin; des-1Lys13Thr21His23Leu26Ala28Pro31Asp-h-amylin; 30 13Thr18Arg21His23Leu26Ala29Pro31Asp-h-amylin; 13Thr18Arc His23Leu28,29Pro31Asp-h-amylin; and, 13Thr18Arg-His23Leu25Pro26Ala28,29Pro31Asp-h-amylin. Still further amylin agonists including amylin agonist analogues are disclosed, and methods for making and using amylin agonists are further specified, commonly owned in U.S. Patent Application, entitled "Novel

Amylin Agonist Peptides and Uses Therfor" filed May 30, 1995 (docket no. 213/080) and corresponding PCT application Publication No. WO 93/10146, published May 27, 1993, the disclosures of which are hereby incorporated by this 5 reference. These agonists are useful in reducing blood glucose concentrations in a non-insulin-using Type II diabetic subject.

The activity of amylin agonists may be evaluated using certain biological assays described herein. 10 receptor binding assay can identify both candidate amylin agonists and antagonists and can be used to evaluate binding, while the soleus muscle assay can be used to distinguish between amylin agonists and antagonists. Preferably, agonist compounds exhibit activity in the 15 receptor binding assay on the order of less than about 1 to 5 nM, preferably less than about 1 nM and more preferably less than about 50 pM. In the soleus muscle assay these compounds preferably show EC50 values on the order of less than about 1 to 10 micromolar.

The receptor binding assay is described in United States Patent No. 5,264,372, issued November 23, 1993, the disclosure of which is incorporated herein by reference. The receptor binding assay is a competition assay which measures the ability of compounds to bind specifically to 25 membrane-bound amylin receptors. A preferred source of the membrane preparations used in the assay is the basal forebrain which comprises membranes from the nucleus accumbens and surrounding regions. Compounds being assayed compete for binding to these receptor preparations 30 with 125 I Bolton Hunter rat amylin. Competition curves, wherein the amount bound (B) is plotted as a function of the log of the concentration of ligand are analyzed by computer, using analyses by nonlinear regression to a 4-parameter logistic equation (Inplot program; GraphPAD 35 Software, San Diego, California) or the ALLFIT program of DeLean et. al. (ALLFIT, Version 2.7 (NIH, Bethesda, MD 20892)). Munson, P. and Rodbard, D., Anal. Biochem. 107:220-239 (1980).

Assays of biological activity of amylin agonists, including amylin agonist analogue preparations, in the soleus muscle are performed using previously described 5 methods (Leighton, B. and Cooper, G.J.S., Nature, 335:632-635 (1988); Cooper, G.J.S., et al. Proc. Natl. Acad. Sci. USA 85:7763-7766 (1988)). In summary, amylin agonist activity is assessed by measuring the inhibition of insulin-stimulated glycogen synthesis in soleus muscle. 10 Amylin antagonist activity is assessed by measuring the resumption of insulin-stimulated glycogen synthesis in the presence of 100 nM rat amylin and an amylin antagonist. Concentrations of peptide dissolved in carrier-free buffers are determined by quantitative amino acid analy-15 sis, as described therein. The ability of compounds to act as agonists in this assay is determined by measuring EC50 values. Standard errors are determined by fitting of sigmoidal dose response curves using a four parameter logistic equation (De Lean, A., Munson, P.J., Guardabasso, 20 V. and Rodbard, D. (1988) ALLFIT, Version 2.7, National Institute of Child Health and Human Development, N.I.H. Bethesda, MD, 1 diskette). A number of amylin agonists have been characterized using these biological assays. The compounds 18Arg25,28Pro-h-amylin, deslLys18Arg25,28Pro-h-25 amylin, 18Arg^{25,28,29}Pro-h-amylin, des-1Lys¹⁸Arg ^{25,28,29}Pro-hamylin, 25.28.29Pro-h-amylin, des-1Lys25.28,29Pro-h-amylin, and ²⁵Pro²⁶Val^{25,28}Pro-h-amylin were all found to compete with amylin in the receptor binding assay. These compounds have negligible antagonist activity as measured by the 30 soleus muscle assay and were shown to act as amylin agonists.

Effects of amylins or amylin agonists on gastric motility can be identified, evaluated, or screened for using the methods described in U.S. Applications Serial No. 08/118,381, filed September 7, 1993, and U.S. Application Serial No. 08/302,069, filed September 7, 1994 (corresponding to PCT Application, Publication No. WO

95/07098), the disclosures of which are hereby incorporated by reference, or other art-known or equivalent methods for determining gastric motility. One such method for use in identifying or evaluating the ability of a compound to 5 slow gastric motility, comprises: (a) bringing together a test sample and a test system, said test sample comprising one or more test compounds, and said test system comprising a system for evaluating gastric motility, said system being characterized in that it exhibits, for example, 10 elevated plasma glucose in response to the introduction to said system of glucose or a meal; and, (b) determining the presence or amount of a rise in plasma glucose in said system. Positive and/or negative controls may be used as Optionally, a predetermined amount of amylin 15 antagonist (e.g., 8-32 salmon calcitonin) may be added to the test system.

Amylin agonists such as those described above are prepared using standard solid-phase peptide synthesis techniques and preferably an automated or semiautomated 20 peptide synthesizer. Typically, an α -N-carbamoyl protected amino acid and an amino acid attached to the growing peptide chain on a resin are coupled at room temperature in an inert solvent such as dimethylformamide, N-methylpyrrolidinone or methylene chloride in the presence of 25 coupling agents such as dicyclohexylcarbodiimide and 1hydroxybenzotriazole in the presence of a base such as diisopropylethylamine. The α -N-carbamoyl protecting group is removed from the resulting peptide-resin using a reagent such as trifluoroacetic acid or piperidine, and 30 the coupling reaction repeated with the next desired Nprotected amino acid to be added to the peptide chain. Suitable N-protecting groups are well known in the art, with t-butyloxycarbonyl (tBoc) and fluorenylmethoxycarbonyl (Fmoc) being preferred herein.

The solvents, amino acid derivatives and 4-methylbenzhydryl-amine resin used in the peptide synthesizer are purchased from Applied Biosystems Inc. (Foster

City, CA), unless otherwise indicated. The side-chain protected amino acids are purchased from Applied Biosystems, Inc. and include the following: Boc-Arg(Mts), Fmoc-Boc-Thr(Bzl), Fmoc-Thr(t-Bu), Boc-Ser(Bzl), 5 Fmoc-Ser(t-Bu), Boc-Tyr(BrZ), Fmoc-Tyr(t-Bu), Boc-Lys(Cl-Z), Fmoc-Lys(Boc), Boc-Glu(Bzl), Fmoc-Glu(t-Bu), Fmoc-His(Trt), Fmoc-Asn(Trt), and Fmoc-Gln(Trt). Boc-His(BOM) is purchased from Applied Biosystems, Inc. or Bachem Inc. (Torrance, CA). Anisole, methylsulfide, phenol, ethanedi-10 thiol, and thioanisole are obtained from Aldrich Chemical Air Products and Chemicals Company (Milwaukee, WI). (Allentown, PA) supplies HF. Ethyl ether, acetic acid and methanol are purchased from Fisher Scientific (Pittsburgh, PA).

Solid phase peptide synthesis is carried out with an automatic peptide synthesizer (Model 430A, Applied Biosystems Inc., Foster City, CA) using the NMP/HOBt (Option 1) system and Thoc or Fmoc chemistry (see, Applied Biosystems User's Manual for the ABI 430A Peptide Synthe-20 sizer, Version 1.3B July 1, 1988, section 6, pp. 49-70, Applied Biosystems, Inc., Foster City, CA) with capping. Boc-peptide-resins are cleaved with HF (-5°C to 0°C, 1 The peptide is extracted from the resin with hour). alternating water and acetic acid, and the filtrates were lyophilized. The Fmoc-peptide resins are cleaved according to standard methods (Introduction to Cleavage Techniques, Applied Biosystems, Inc., 1990, pp. 6-12). peptides are also assembled using an Advanced Chem Tech Synthesizer (Model MPS 350, Louisville, Kentucky). 30 Peptides are purified by RP-HPLC (preparative and analytical) using a Waters Delta Prep 3000 system. A C4, C8 or C18 preparative column (10 μ , 2.2 x 25 cm; Vydac, Hesperia, CA) is used to isolate peptides, and purity is determined using a C4, C8 or C18 analytical column (5 μ , 0.46 35 x 25 cm; Vydac). Solvents (A=0.1% TFA/water and B=0.1% TFA/CH₃CN) are delivered to the analytical column at a flowrate of 1.0 ml/min and to the preparative column at 15

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ml/min. Amino acid analyses are performed on the Waters Pico Tag system and processed using the Maxima program. The peptides are hydrolyzed by vapor-phase acid hydrolysis Hydrolysates are derivatized and (115°C, 20-24 h). 5 analyzed by standard methods (Cohen, S.A., Meys, M., and Tarrin, T.L. (1989), The Pico Tag Method: A Manual of Advanced Techniques for Amino Acid Analysis, pp. 11-52, Millipore Corporation, Milford, MA). Fast atom bombardment analysis is carried out by M-Scan, Incorporated (West 10 Chester, PA). Mass calibration is performed using cesium iodide or cesium iodide/glycerol. Plasma desorption ionization analysis using time of flight detection is carried out on an Applied Biosystems Bio-Ion 20 mass spectrometer.

Peptide compounds useful in the claimed methods also be prepared using recombinant DNA techniques, using methods now known in the art. See, e.q., Sambrook et al., Molecular Cloning: A Laboratory Manual, 2d Ed., Cold Spring Harbor (1989).

The compounds referenced above form salts with various inorganic and organic acids and bases. Such salts include salts prepared with organic and inorganic acids, for example, Hcl, HBr, H2SO4, H3PO4, trifluoroacetic acid, acetic acid, formic acid, methanesulfonic acid, toluenesulfonic acid, maleic acid, fumaric acid and camphorsulfonic Salts prepared with bases include ammonium salts, alkali metal salts, e.g. sodium and potassium salts, and alkali earth salts, e.g. calcium and magnesium salts. Acetate, hydrochloride, and trifluoroacetate salts are 30 preferred. The salts may be formed by conventional means, as by reacting the free acid or base forms of the product with one or more equivalents of the appropriate base or acid in a solvent or medium in which the salt is insoluble, or in a solvent such as water which is then removed 35 in vacuo or by freeze-drying or by exchanging the ions of an existing salt for another ion on a suitable ion exchange resin.

Compositions useful in the invention may conveniently be provided in the form of formulations suitable for parenteral (including, intramuscular and subcutaneous) or nasal or transdermal, and/or suitably encapsulated or 5 otherwise prepared by another known methods for oral administration. A suitable administration format may best be determined by a medical practitioner for each patient Suitable pharmaceutically individually. carriers and their formulation are described in standard 10 formulation treatises, e.q., Remington's Pharmaceutical Sciences by E.W. Martin. See also Wang, Y.J. and Hanson, M.A. "Parenteral Formulations of Proteins and Peptides: Stability and Stabilizers, * Journal of Parenteral Science and Technology, Technical Report No. 10, Supp. 42:2S (1988).

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Compounds useful in the invention can be provided as parenteral compositions for injection or infusion. Preferably, they are dissolved in an aqueous carrier, for example, in an isotonic buffer solution at a pH of about These compositions may be sterilized by 20 4.3 to 7.4. conventional sterilization techniques, or may be sterile The compositions may contain pharmaceutically acceptable auxiliary substances as required to stabilize the formulation, such as pH buffering agents. 25 buffers include for example, sodium acetate/acetic acid A form of repository or "depot" slow release buffers. preparation may be used so that therapeutically effective amounts of the preparation are delivered into the bloodstream over many hours or days following transdermal 30 injection or delivery.

The desired isotonicity may be accomplished using sodium chloride or other pharmaceutically acceptable agents such as dextrose, boric acid, sodium tartrate, propylene glycol, polyols (such as mannitol and sorbitol), 35 or other inorganic or organic solutes. Sodium chloride is preferred particularly for buffers containing sodium ions. If desired, solutions of the above compositions may be WO 96/40220 PCT/US96/09875

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thickened with a thickening agent such as methyl cellulose.

Compositions useful in the invention are prepared by mixing the ingredients following generally accepted 5 procedures. For example, the selected components may be mixed in a blender or other standard device to produce a concentrated mixture which may then be adjusted to the final concentration and viscosity by the addition of water or thickening agent and possibly a buffer to control pH or an additional solute to control tonicity.

For use by the physician, the compositions will be provided in dosage unit form containing an amount of an amylin agonist, which will be effective in one or multiple doses to control blood glucose at the selected level. 15 Therapeutically effective amounts of an amylin agonist are those that decrease post-prandial blood glucose levels, preferably to no lower than about 5 to 6 mm or such that blood glucose levels are reduced as desired. or glucose intolerant individuals, plasma glucose levels 20 are higher than in normal individuals. In such individuals, beneficial reduction or "smoothing" of post-prandial blood glucose levels, may be obtained. As will be recognized by those in the field, in determining an effective dose for a particular subject, a number of factors are 25 considered, including without limitation the patient's size, age, and general health, the degree of or involvement or the severity of the disease, the response of the individual patient, the particular compound administered, the mode of administration, the bioavailability character-30 istics of the preparation administered, the dose regimen selected and the use of concomitant medication.

The effective daily dose of amylin agonists, including ¹⁸Arg^{25,28}Pro-h-amylin, des-¹Lys¹⁸Arg^{25,28}Pro-h-amylin, ¹⁸Arg^{25,28,29}Pro-h-amylin, des-¹Lys¹⁸Arg-^{25,28,29}Pro-h-amylin, ^{25,28,29}Pro-h-amylin, des-¹Lys^{25,28,29}Pro-h-amylin, and ²⁵Pro²⁶Val^{25,28}Pro-h-amylin, will typically be in the range of 0.05 μg/kg/day to about 10 μg/kg/day, preferably about

 $0.05 \mu g/kg/day$ to about $6.0 \mu g/kg/day$ and more preferably about 1.0 μg/kg/day to about 4.0 μg/kg/day administered in a single or divided doses. The exact dose to be administered is determined by the attending clinician and is 5 dependent upon where the particular compound lies within the above quoted range, as well as upon the age, weight and condition of the individual. Administration should begin at the first sign of symptoms or shortly after diagnosis of diabetes mellitus. Administration may be by preferably subcutaneous or intramuscular. 10 injection, Administration may also be nasally or transdermally. Orally active compounds may be taken orally, however dosages should be adjusted based on their potencies and bioavailabilities, as appropriate.

Peptide amylin agonists, for example, 25,28,29Pro-h-amylin, may be administered in single or multiple doses, for example, two (BID), three (TID), and/or four (QID) times per day. BID doses preferably range from about 30 μg BID to about 150 μg BID, more 20 preferably from about 50 µg BID to about 60 µg BID. TID doses also preferably range from about 30 μg TID to about 150 μg TID, more preferably about 60 μg TID. QID doses preferably range from about 30 µg QID to about 60 µg QID, and more preferably about 30 µg QID. Preferably these 25 doses, which have been demonstrated to be effective in various human clinical trials, are administered subcutaneously.

The following Example is illustrative, but not limiting of the methods of the present invention. Other 30 suitable amyli agonist compounds that may be modified or adapted for use in the claimed methods are also appropriate and are within the spirit and scope of the invention.

Example

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A single-blind, placebo-controlled randomized, 35 two-period crossover clinical trial was performed to assess the effects of microinfusion of the amylin agonist, ^{25,28,29}Pro-h-amylin (AC137) on patients with Type II diabetes mellitus following a standardized oral test meal.

Patients who satisfied the screening requirements 5 were randomized and participated in an investigation period which consisted of an acclimatization day (Study Day 1) followed by two treatment days (Study Days 2 and 3). Fourteen male and 10 female patients were enrolled in Twelve patients were randomized to placethe trial bo/AC137 and 12 patients were randomized to AC137/placebo. Each study drug group had 6 insulin-treated patients and 6 non-insulin-treated patients. Of the 12 insulintreated patients, 10 received insulin alone and 2 received an oral hypoglycemic agent. Of the 12 non-insulin-treated 15 patients, 7 were treated with an oral hypoglycemic agent. Thus, four groups of six patients were generated. tients in Groups 1 and 2 received insulin. Patients in Groups 3 and 4 did not receive insulin. Patients in Groups 1 and 3 were treated with a 5-hour infusion of 100 20 µg/h AC137 on Study Day 2 followed by a 15-hour washout period and a 5-hour infusion of placebo on Study Day 3. Patients in Groups 2 and 4 were treated with a 5-hour infusion of placebo on Study Day 2 followed by a 15-hour washout period and a 5-hour infusion of 100 $\mu g/h$ AC137 on Both AC137 and placebo were administered 25 Study Day 3. with an intravenous microinfusion pump. All patients consumed a standardized Sustacal® test meal (7 kcal/kg) 60 minutes after the start of study drug infusion on both treatment days. The Sustacal® test meal is a commercially 30 available nutritional supplement which contains 1.01 kcal/ml with the caloric composition being 24% protein, 21% fat and 55% carbohydrate. Sodium and calcium caseinates along with soy protein provide the protein calories; partially hydrogenated soybean oil provides the fat 35 calories; and sucrose and corn syrup provide the carbohydrate calories.

Each patient's usual insulin and/or oral hypogly-

cemic agent and caloric intake, as documented during the screening visit, were stabilized during the 24-hour acclimatization period (Study Day 1). Patients were served breakfast at 8:00 a.m., lunch at 12:00 noon, and 5 dinner at 6:00 p.m. The patient's usual dose of insulin and/or hypoglycemic agent was taken 30 minutes prior to meals. An evening snack was served based on the usual diet of the patients. Water was given as needed. All patients followed this insulin/oral hypoglycemic and dietary regimen throughout the investigation period.

Mean plasma glucose levels from Hours 1 through 5 following a Sustacal® test meal are presented in Table 1.

15 TABLE 1. Mean Plasma Glucose Levels From Hours 1 Through 5 Following a Sustacal® Test Meal

| 20 | Subgroup | Mean AC137 | | n/dl) lacebo | p-Value* |
|----|--------------------------------------|---------------|-----------|-----------------|----------|
| | Insulin-Treated Patients (N=12) | 183.1 ± | 13.4 243 | 3.0 ± 16.5 | 0.0035 |
| 25 | Non-Insulin-Treat Patients (N=12) | ed 169.8 ± | 15.7 183 | 3.2 ± 19.9 | NS |
| 25 | * P-value for training significant. | wo-period | crossover | ANOVA. | NS = Not |

The mean plasma glucose levels from Hours 1
30 through 5 were statistically significantly lower following
the Sustacal® test meal when insulin-treated patients
received AC137 compared to when insulin-treated patients
receiving placebo. There was a mean reduction in glucose
levels of 23% in AC137-infused insulin-treated patients.

The mean glucose levels were not statistically significantly different in AC137-infused non-insulintreated patients compared to placebo-treated patients.

The zero-hour $AUC_{glucose(1-5)}$ (area under the plasma glucose concentration curve, above or below the baseline

plasma glucose concentration, between hours 1 and 5 of the test period calculated employing the trapezoidal rule) and zero-hour C_{max} for plasma glucose (maximum plasma glucose concentration) in insulin-treated and non-insulin-treated patients following a Sustacal® test meal are summarized in Table 2.

| .0 | TABLE 2. Zer | ro-Hour AUC ₍₁₋₅₎ an Sustacal ® Test M | nd Zero-Hour C _{max} leal: Plasma Gl | Following ucose |
|----|--|---|--|--------------------|
| | Subgroup/ Parameter | AC137 (Mean ± SEM) | Placebo (Mean ± SEM) | p-Value |
| 5 | Insulin-Treated Patients (N=12) | | | |
| | $\begin{array}{l} \mathrm{AUC}_{(1-5)} (\mathrm{mg-h/dl}) \\ \mathrm{C}_{\mathrm{max}} (\mathrm{mg/dl}) \end{array}$ | 51.2 ± 52.0 42.0 ± 15.0 | 284.4 ± 52.3 118.1 ± 17.1 | 0.0012 0.0007 |
| | Non-Insulin-Treat Patients (N=12) | ced | | |
| 0 | $AUC_{(1-5)} (mg-h/d1)$ $C_{max} (mg/d1)$ | 53.3 ± 27.4 40.1 ± 10.2 | 124.3 ± 28.3 66.9 ± 7.7 | NS 0.038 |
| 5 | a P-value for t significant. | wo-period cross | over ANOVA. | NS = Not |

The $AUC_{(1-5)}$ and C_{max} for plasma glucose in insulintreated and non-insulin-treated patients following a Sustacal® test meal are summarized in Table 3.

| 5 | Subgroup/ | AC1 | L37 | | Plac | ek | X | |
|----|--|----------------|-----|-----|-------|----|----------|------------------|
| , | Parameter | (Mean | ± 5 | EM) | (Mean | ± | SEM) | p-Value |
| | Insulin-Treated Patients (N=12) | | - | | | • | | |
| 10 | $\begin{array}{l} \mathrm{AUC}_{(1-5)} (\mathrm{mg-h/dl}) \\ \mathrm{C}_{\mathrm{max}} (\mathrm{mg/dl}) \end{array}$ | 736.2 213.3 | - | | | _ | | 0.0031 0.0017 |
| | Non-Insulin-Treat Patients (N=12) | ed | | | | | | |
| | $AUC_{(1-5)}$ (mg-h/dl) | 681.3 | ± 6 | 2.8 | 738.3 | ± | 80.0 | NS |
| 15 | $C_{max}(mg/dl)$ | 197.1 | ± 1 | 7.1 | 220.4 | ± | 20.0 | 0.048 |

Glucose zero-hour AUC₍₁₋₅₎, zero-hour C_{max}, AUC₍₁₋₅₎, and C_{max} were statistically significantly lower when insulin-treated patients received AC137 compared to when insulin-treated patients received placebo. The effect was most pronounced for the zero-hour parameters. There was a mean reduction of 93% in zero-hour AUC₍₁₋₅₎ and a mean reduction of 66% in zero-hour C_{max} when insulin-treated patients received AC137.

In non-insulin-treated patients, only glucose zero-hour C_{max} and C_{max} were statistically significantly lower with AC137 infusion, although the reduction in zero-hour AUC₍₁₋₅₎ appears to be clinically meaningful.

Results from insulin-treated patients and non-insulin-treated patients were compared (ANOVA). After placebo infusion, glucose zero-hour AUC₍₁₋₅₎ was 2.3-fold higher (p=0.013) in insulin-treated patients than in non-insulin-treated patients. Glucose zero-hour C_{max} was 1.8-fold higher (p=0.012) in insulin-treated placebo patients than in non-insulin-treated placebo patients. Glucose AUC₍₁₋₅₎ and C_{max} also were high in insulin-treated placebo patients (p=0.028 and 0.023, respectively). When results

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from insulin-treated and non-insulin-treated patients were compared (ANOVA) after AC137 infusion, there was no statistically significant difference for glucose zero-hour $AUC_{(1-5)}$, zero-hour C_{max} , $AUC_{(1-5)}$, and C_{max} .

The patient selection criteria included Type II diabetic patients with levels of glycosylated hemoglobin (HbA_{1c}) up to 13%, and, a correlation between AC137-induced reduction in postprandial hyperglycemia and entry HbA_{1c} levels was determined. Reduction in postprandial hyper-10 glycemia was calculated by subtracting glucose zero-hour AUC₍₁₋₅₎ with AC137 infusion from placebo infusion zero-hour AUC₍₁₋₅₎. The results are presented in Figure 1 with patients rank-ordered for HbA_{1c} levels.

The reduction in postprandial hyperglycemia 15 appeared to increase with HbA_{1c} levels in non-insulintreated patients. The correlation (r²) was 0.56 in this subgroup of patients, 0.10 in insulin-treated patients, and 0.33 for all patients combined.

In order to further evaluate the relationship of 20 the reduction in postprandial hyperglycemia to HbA_{1c} levels, glucose zero-hour AUC₍₁₋₅₎, zero-hour C_{max}, AUC₍₁₋₅₎, and C_{max} following a Sustacal® test meal were evaluated in insulin-treated and non-insulin-treated patients with HbA_{1c} levels > 8% and < 8%.

For patients with HbA_{1c} levels \geq 8%, the zero-hour $AUC_{(1-5)}$ and zero-hour C_{max} for plasma glucose in insulintreated and non-insulin-treated patients following a Sustacal® test meal are summarized in Table 4.

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| 5 | a S | o-Hour AUC ₍₁₋₅₎ an ustacal® Test M ients With HbA _{1c} | Meal: Plasma G | |
|----|---|---|------------------------------|------------------|
| | Subgroup/ Parameter | AC137 (Mean ± SEM) | Placebo (Mean ± SEM) | p-Valueª |
| 10 | Insulin-Treated Patients (N=9) | | | |
| | $\begin{array}{l} AUC_{\{1-5\}} (mg-h/d1) \\ C_{max} (mg/d1) \end{array}$ | 63.1 ± 69.4 48.8 ± 19.4 | 314.8 ± 67.3 127.1 ± 21.4 | |
| | Non-Insulin-Treator Patients (N=5) | eđ | | |
| 15 | $AUC_{\{1-5\}} (mg-h/dl)$ $C_{max} (mg/dl)$ | | 189.8 ± 41.2 79.4 ± 11.2 | 0.0323 0.0238 |
| 20 | P-value for tw significant. | vo-period cross | over ANOVA. | NS = Not |

For patients with HbA_{1c} levels \geq 8%, the $AUC_{(1-5)}$ and C_{max} for plasma glucose in insulin-treated and non-insulin-treated patients following a Sustacal® test meal are summarized in Table 5.

| 5 | Mea | C ₍₁₋₅₎ and C _{max} Fo al: Plasma Gluc vels > 8% | llowing a Susta ose in Patients | cal® Test With HbA _{1c} |
|----|--|--|------------------------------------|-------------------------------------|
| | Subgroup/ Parameter | AC137 (Mean ± SEM) | Placebo (Mean ± SEM) | p-Value* |
| 10 | Insulin-Treated Patients (N=9) | | | |
| | $\begin{array}{l} AUC_{(1-5)} (mg-h/d1) \\ C_{max} (mg/d1) \end{array}$ | 747.9 ± 68.6 220.0 ± 18.6 | 987.7 ± 75.4 295.3 ± 23.6 | 0.0337 0.0153 |
| | Non-Insulin-Treat Patients (N=5) | ceđ | | |
| 15 | $\begin{array}{l} \mathrm{AUC}_{(1-5)} \left(\mathrm{mg-h/dl} \right) \\ \mathrm{C}_{\mathrm{max}} \left(\mathrm{mg/dl} \right) \end{array}$ | 871.4 ± 49.8 240.4 ± 16.4 | 1033.8 ± 34.3 290.4 ± 11.4 | |
| 20 | P-value for t significant. | wo-period cross | over ANOVA. | NS = Not |

For both insulin-treated and non-insulin-treated patients with HbA_{lc} levels \geq 8%, glucose zero-hour $AUC_{(1-5)}$, zero-hour C_{max} , $AUC_{\{1-5\}}$, and C_{max} were statistically significantly lower when patients received AC137 compared to when The differences for non-25 patients received placebo. insulin-treated patients with HbA_{1c} levels ≥ 8% were statistically significant and were greater than those for all non-insulin-treated patients regardless of HbA_{1c} level.

For patients with HbA1c levels < 8%, the zero-hour $AUC_{(1-5)}$ and zero-hour C_{max} for plasma glucose in insulintreated and non-insulin-treated patients following a Sustacal® test meal are summarized in Table 6.

| a Sus | tacal | 9 ' | Test 1 | Meal: | Pl | asm | a G | |
|------------------|------------------------------------|--|--|---|---|---|--|--|
| | | | | | | | M) | p-Value |
| ted <u>3)</u> | | | | | | | | |
| dl) l) | | | | | | - | | 0.0324 NS |
| Treated | | | | | | | | |
| d 1) | 96 9 | + | 32.8 | 77.6 | + | 29 | . 0 | NS |
| | a Sus Patie ted 3) dl) | a Sustacal@Patients Wi AC1 (Mean ted 3) dl) 15.5 l) 21.7 | a Sustacal® Patients With AC137 (Mean ± ted 3) dl) 15.5 ± 1) 21.7 ± Treated | a Sustacal® Test Patients With HbA ₁₆ AC137 (Mean ± SEM) ted 3) dl) 15.5 ± 30.4 1) 21.7 ± 10.8 Treated | a Sustacal® Test Meal: Patients With HbA _{1c} Levels AC137 Pla (Mean ± SEM) (Mean ted 3) dl) 15.5 ± 30.4 193.1 1) 21.7 ± 10.8 91.0 | a Sustacal® Test Meal: Pl Patients With HbA _{1c} Levels < AC137 | a Sustacal® Test Meal: Plasm Patients With HbA _{1c} Levels < 8% AC137 Placebo (Mean ± SEM) (Mean ± SE ted 3) dl) 15.5 ± 30.4 193.1 ± 14 1) 21.7 ± 10.8 91.0 ± 20 Treated | (Mean ± SEM) (Mean ± SEM) ted 3) dl) 15.5 ± 30.4 193.1 ± 14.4 1) 21.7 ± 10.8 91.0 ± 20.6 Treated |

For patients with Hb_{Alc} levels < 8%, the $AUC_{(1-5)}$ and C_{max} for plasma glucose in insulin-treated and non-insulintreated patients following a Sustacal® test meal are summarized in Table 7.

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| 5 | Mea | $C_{(1-5)}$ and C_{max} ro. al: Plasma Glucovels < 8% | | |
|----|--|--|-------------------------------|----------|
| 5 | Subgroup/ Parameter | AC137 (Mean ± SEM) | Placebo (Mean ± SEM) | p-Value* |
| 10 | Insulin-Treated Patients (N=3) | | | |
| | $AUC_{(1-5)}(mg-h/d1)$ $C_{max}(mg/d1)$ | 700.8 ± 84.2 193.0 ± 22.1 | 975.8 ± 179.7 286.7 ± 61.9 | ns ns |
| | Non-Insulin-Treat Patients (N=7) | ted | | |

545.5 ± 61.9 15 AUC₍₁₋₅₎ (mg-h/dl) 166.1 ± 20.3 170.4 ± 13.9 $C_{max}(mg/dl)$ NS

 527.3 ± 41.8

NS

* Two-period crossover ANOVA. NS = Not significant.

For insulin-treated patients with HbA1c levels < 20 only glucose zero-hour AUC(1-5) was statistically significantly lower when patients received AC137 compared to when patients received placebo, although the differences for glucose zero-hour C_{max} , $AUC_{(1-5)}$, and C_{max} may be clinically beneficial. For all insulin-treated patients regardless of HbA1c level, glucose zero-hour AUC(1-5), zerohour C_{max} , $AUC_{(1-5)}$, and C_{max} were statistically significantly lower when patients received AC137 compared to when patients received placebo. For non-insulin-treated 30 patients with HbA_{1c} levels < 8%, glucose zero-hour AUC₍₁₋₅₎, zero-hour C_{max} , $AUC_{(1-5)}$, and C_{max} when patients received AC137 compared to when patients received placebo were not significantly different.

Thus, administration of an amylin agonist benefi-35 cially decreases blood glucose concentrations in patients with Type II diabetes even when such patients are not taking insulin, that is, for example, when such patients have not experienced primary dietary failure, particularly patients with Type II diabetes who have above-normal HbAlc 40 values.

WHAT IS CLAIMED IS:

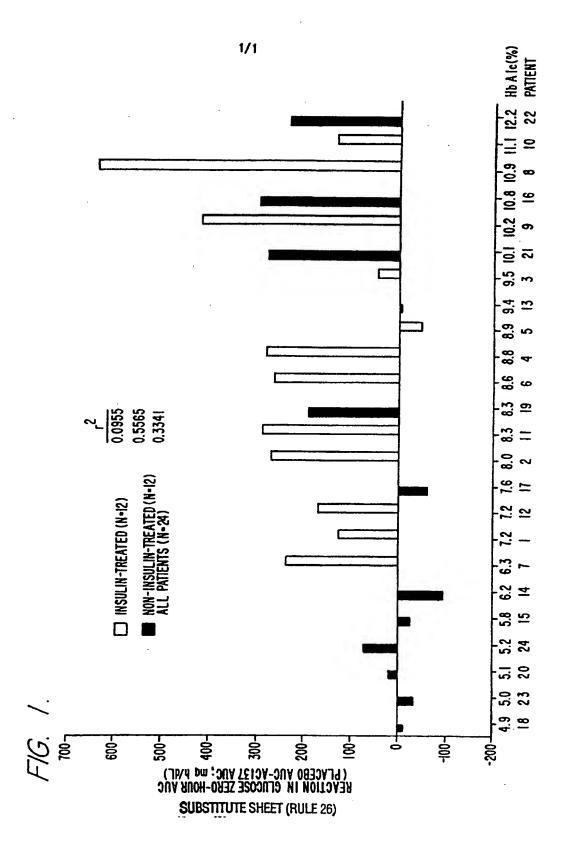
- A method for the treatment of a non-insulintaking Type II diabetic subject comprising administering to said subject a therapeutically effective amount of an amylin agonist.
 - 2. A method of lowering blood glucose in a non-insulin-taking Type II diabetic subject comprising administering to said subject a blood-glucose-lowering amount of an amylin agonist.
- 3. A method according to claim 1 wherein said subject has a HbAlc value above about the upper end of the of range of HbAlc values for normal subjects.
- A method according to claim 2 wherein said subject has an HbAlc value above about the upper end of the range of HbAlc values for normal subjects.
 - 5. A method according to claim 1 wherein said subject has an HbAlc value of about 8% or above.
 - 6. A method according to claim 2 wherein said subject has an HbAlc value of about 8% or above.
- 7. A method according to any of claims 1-6 wherein said amylin agonist is 25,28,29 Pro-h-amylin.
 - 8. A method according to any of claims 1-6 wherein said amylin agonist is s-calcitonin.
- A method according to any of claims 1-6
 wherein said amylin agonist is h-amylin.
 - 10. A method according to claim 1 wherein said amylin agonist is administered intramuscularly or subcuta-

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neously.

- 11. A method according to claim 2 wherein said amylin agonist is administered intramuscularly or subcutaneously.
- 12. A method according to claim 7 wherein said amylin agonist is administered intramuscularly or subcutaneously.



INTERNATIONAL SEARCH REPORT

International application No.
PCT/US96/09875

| | ASSIFICATION OF SUBJECT MATTER | | | |
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| | : 514/12, 21 to International Patent Classification (IPC) or to both national classification and IPC | | | |
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| | er documents are listed in the continuation of Box C. See patent family annex. | <u> </u> | | |
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| | ner of Patents and Trademarks | | | |
| Weshington | D.C. 20231 PATRICK DELENEY | -1111211- | | |
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